



‘Come, you who are blessed by my Father; take your inheritance, the kingdom prepared for you since the creation of the world. For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, “I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.’

... “The King will reply, ‘I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.” Matthew 25

When Nicholas first volunteered at the soup kitchen, he was in a dark place and came here to get back onto the right track. “I owned my own restaurant. We had a fire, and I went through a state of depression. A friend recommended that I get out and get back around food and help people by volunteering at the local soup kitchen,” Nicholas says.

He listened to his friend, and for the past several months, he’s been volunteering here two days a week as a runner, “replenishing the food and making sure the service line is moving along.”

Volunteering has made a world of a difference for Nicholas. “Coming here has opened up another part of my life. It hit me in my heart directly. It’s a pleasure to see how people light up so easily just with a simple meal. It just makes me grateful for what I have, and it’s a humbling experience,” says Nicholas.

“Volunteering here made me realize that I have it a lot better than many,” Nicholas shares. “Your money could be stretched out a lot more than a pair of new sneakers. Your money can go a long way here.”

PRAYER

God, thank you for the abundance of life, health, comfort, and wealth you have provided, and thank you that even in times of need, despair, you are there. Please put your arms around children and families in extreme poverty so they feel comfort and hope. Lord, guide me so that I can be your hands and feet to meet their needs both physically with food, clothes, and shelter and spiritually with your holy words. Amen



Capuchin Soup Kitchen

Detroit, Michigan

Making sure people have basic nutrition is incredibly important to their health and wellbeing. And **volunteering at a soup kitchen**, like **volunteering** for other charitable groups, is a very rewarding experience, which in turn can be beneficial to your overall health and wellbeing.

Ways to Volunteer

https://www.cskdetroit.org/ways_to_give/volunteer

12 and up with parents (no groups at this time)

2 Meal service locations:

4390 Conner St, Detroit, MI 48215 phone (313) 822-8606 ext. 4217

1264 Meldrum: Detroit, MI 48207 phone 313-579-2100 ext. 2218

- Preparing food trays for guests
- Wiping and sanitizing dining room tables and chairs
- Food prepping
- Special events & projects

At the service center:

6333 Medbury St, Detroit, 48211 phone (313) 925-1370

- Sorting and organizing clothes
- Stocking and organizing food items
- Special events & projects

Volunteer At Urban Earthworks Farm

1264 Meldrum St. Detroit, MI 48207 313-579-2100

Ext. 2204 earthworks@cskdetroit.org



The Capuchin Soup Kitchen's **Earthworks Urban Farm** is a 1.5-acre certified organic farm located on the east side of Detroit. We seek to build a just, beautiful food system through education, inspiration, and community development.



Wish List

A few things seem to always go missing, and we are always happy to receive more of them... including (but not limited to): gloves, harvest knives, scissors, pruners, and 26" and 27" bike inner tubes for our community bike shop. Please contact us if you would like a more current list of our needs.

Volunteer Work on the Farm

- Mixing soil/making soil blocks or germination trays
- Planting/seeding or thinning out seedlings
- Pricking out seedling/transplants
- Harvesting/processing produce
- Cultivating/weeding beds
- Flipping compost
- General and gardening tasks

MONETARY DONATIONS

MAIL IN DONATIONS

Mail your donation to:

Capuchin Soup Kitchen Development Office
1820 Mount Elliott Street
Detroit, MI 48207

Follow this link for a donation form

https://www.cskdetroit.org/images/uploads/misc_images/CSK_Online_donation_form.pdf

PHONE IN DONATIONS

313.579.2100 ext.1152 Monday-Friday, 8 a.m.-4:30 p.m.

ONLINE DONATIONS

<https://www.cskdetroit.org/online-donations>